

MISSION STATEMENT

The Michael P. Nosco Foundation, Inc. provides financial relief to families and/or individuals who are confronting a life-threatening illness.

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PELOTON WITH A PURPOSE

15TH ANNUAL MIKE NOSCO MEMORIAL BICYCLE RIDE

Welcome all to the 15th annual Mike Nosco Memorial Bicycle Ride. We are excited you have decided to be a part of what has become a legendary Southern California ride. This year's ride will take place on Friday, November 3rd, in and around the roads of the Santa Monica Mountains, the largest designated Urban Interface National Area in the world, with amazing and spectacular views of the mighty Pacific Ocean, challenging climbs and finishes with a world-class gourmet meal, music, silent auction and more, all while we support and raise funds for our selected recipients, those who are facing life-threatening illnesses.

This is our opportunity to come together as a community, rally around and help those who are facing challenges due to grievous illnesses.

Please read the entire packet as it is filled with a ton of information to make your experience the best!



REGISTRATION

EVENT REGISTRATION LIMITED TO 500 CYCLISTS

This year's ride is limited to the first 500 cyclists, this is new, but will help in our logistical planning. The ride is free, but we highly encourage you to consider making a donation (as we are trying to raise as much money as possible to help our recipients).

[Link to Registration Site](#)

[Link to Donation Site](#)

What is included in your registration:

- T-Shirt
- Water Bottle (Courtesy of Giant Bicycles and Taunik)
- Post Ride Meal / Beverage Ticket (wristband)
- On Course Aid Stations
- On Course Mobile Aid (When Available)

EVENT DETAILS

DATE: Friday – November 3, 2023

LOCATION: Dos Vientos Community Center
4801 Borchard Road
Newbury Park, CA 91320



2023 RECIPIENTS

STACIE ATHON

Meet recipient Stacie Willis (Stacie Athon). Hoping our community can change her life! October 5th, 2023 marks three years since I heard three words that would change my life forever— “you have cancer”. Three years ago, our world changed— our focus changed— our perspective changed. Three years later, we are still fighting. We have had some highs but even more lows. But through it all, we’ve felt more love and support than we ever thought imaginable. We’ve been blessed by strangers and loved by so many. I am humbled daily by the support that we have received. We truly could not fight this battle alone, and we have an incredible army behind us. God had blessed us beyond words. He has been faithful to provide and continues to show His love through the hard. We look forward to His plan for us as we continue this fight.



REMI BORTEL

Remi is a very smart, energetic, life-loving 2-year-old. When she was 16 months old (October 2022), she developed a bruise of unknown origin above her left eye that was not healing. Her eye started to swell and eventually started bulging. Thankfully, with some persistence, she was scheduled for an emergency MRI. Later that night the Dr came into our room and said, "it looks like it is cancer." For the last year, Remi has been resiliently fighting stage 4 Neuroblastoma.

With multiple tumors throughout her body and metastasis to her bone marrow, she has undergone 6 rounds of chemotherapy, a 6-hour tumor resection, 1 round of MIBG therapy, 2 stem cell transplants, and 12 rounds of radiation. She has 6 more rounds of immunotherapy starting this month. While she still has some disease in her body, she has responded well to the extremely toxic treatments fed to her body. Remi is a big sister to 11-month-old Sadie (born one month after her diagnosis). We are impatiently waiting and praying for the day Remi gets to experience the normal childhood she so much deserves.



ALEX GUZMAN

We need your support for Alex (picture, right), a courageous 34-year-old man who is currently fighting for his life at UCLA Ronald Reagan Medical Center. Alex is in desperate need of a life-saving heart and liver transplant due to the severity of his congenital heart condition.

Despite enduring countless medical procedures and setbacks, Alex remains determined to overcome these challenges and regain his health. Your support can make a significant difference in his journey towards a second chance at life. By rallying together as a community, we can help raise awareness, funds, and hope for Alex, ensuring that he receives the critical transplant he so desperately needs. Let's come together and show Alex that he is not alone in this fight.

Together, we can make a lifesaving difference and give him the chance to live a full and meaningful life.



LUNA KNICKMAN

Her story is nothing short of miraculous, filled with perseverance, determination, grit and a will to overcome like no other person on the planet. The loss, grief and void when my little brother Mike passed was filled with Love, Hope and Community as you all rallied behind helping the Knickman's deal with Osteosarcoma. 15 years they've been dealing with this and now more than ever they need our help.



On October 19th, Luna's cancer fight ended and she left her body. She fought for each breath for hours on end until finally she could not will her body for any more. She fought with courage and tenacity, enduring so much pain because of her love of life and the people around her.

Now she is free of pain, now she is free of her body.

Thank you to all of you for following Luna's journey. Your kind words and support was meaningful. She knew she was loved and respected. She knew she mattered.

SCOTTY LUND

Scotty battled cancer 4 years ago and won... so he thought. Unfortunately, it has relapsed. The good news is he caught it fairly early. He has cHL (Classic Hodgkins Lymphoma) that has shown up as multiple smaller tumors in his neck and around his back in the T4,5 and 7 vertebrae. His warrior wife, Elisabeth, and he are choosing a careful path of natural medicine mixed with a little Western med to knock this out as quickly as possible, starting with Immunotherapy and supplementary holistic treatments (not covered by health insurance). His 16-year old, Snow, is handling it like a champ, taking it all in stride.

Scotty's pledge to himself, his family and friends: "I will fight this like I did before and I will not get to that life-or-death moment I experienced in the hospital (circa Nov 2018). My family means everything to me. My friends and community are so important in my life. I have so much music left to give and a giant legacy to leave behind."

It's been a tough climb keeping up with the medical bills since battling cancer back in 2019. Add in Covid since then and the WGA and SAG-AFTRA strikes that have already hit them hard financially over the past 6 months, they're extremely grateful that he is included as a recipient for this year's ride!

Scotty happily volunteered to DJ the Nosco Ride last year and he's so determined not to let this bring him down that he has volunteered again for the event this year! Please feel free to stop by the DJ booth and say hi!





HOST HOTEL

HAMPTON INN AND SUITES

The Hampton Inn and Suites is once again our host hotel for out-of-town participants and has a block of rooms reserved from November 1st to November 4th. It is located at:

510 North Ventu Park Road
 Thousand Oaks, CA 91320
 +1 (805) 375-0376

[Link to Website](#)

Please mention the Nosco ride to receive a discount on your room! The hotel is just a few short miles from the start/finish, so why drive when you can ride to our ride!

BIKE RENTALS

FOR OUR OUT OF THE AREA PARTICIPANTS (IF YOU ARE FLYING FROM OUT OF TOWN AND NEED A BIKE), PLEASE CONSIDER THE FOLLOWING LOGISTICS TO MAKE YOUR EXPERIENCE THE BEST:

Thömus USA Bicycle Boutique

1314 Montana Ave
 Santa Monica, CA 90403

+1 (424) 259-0328

This facility is located close to LAX making it an ideal location to rent a bicycle for our event. Be sure to tell them you are doing the Nosco ride, that you need the appropriate gearing and they should be able to have you all dialed ahead of time.

Serious Cycling Agoura

www.seriouscycling.com
 29041 Thousand Oaks Blvd
 Agoura Hills, CA 91301

+1 (818) 597-8330

Located just a few miles from where we start/finish. Please call in advance and let them know you are participating in the Nosco ride and that you need the appropriate gearing.

Trek Bicycle Westlake Village

www.trekbikes.com
 3835 E. Thousand Oaks Blvd
 Westlake, CA 91362

+1 (805) 251-0946

Located in Westlake Village, easy freeway access. Please call in advance and let them know you are participating in the Nosco ride.

The Hub

www.thehubwestlake.com
 2900 Townsgate Road, Suite 109
 Westlake Village, CA 91361

+1 (805) 371-6482

Please call in advance to inquire about bike rentals and they will do their best to accommodate your needs.

Michaels Bicycles

www.michaelsbicycles.com
 2257 Michael Drive
 Newbury Park, CA 91320

+1 (805) 498-6633

DEER CREEK | MULHOLLAND | LATIGO CANYON

START



FINISH

MIKE NOSCO MEMORIAL

80 MILE BICYCLE RIDE

ALL ABOUT THE ROUTES

MIKE NOSCO MEMORIAL ROUTE – THE ORIGINAL ROUTE

This is the original route. It is very difficult on purpose. It has 3 major climbs: Deer Creek (17% in spots), Mulholland (7 miles) and Latigo Canyon (10 miles), with more rolling climbs to the end. It was designed to allow me to vent my grief over the loss of my brother, but now it should be used to reflect on how difficult life can be for our recipients, all facing life-threatening illnesses, and then the climbs won't seem as hard. Gearing is key here as there never seems to be enough gears to take this challenge on.

80 mile / 8,000' ([82.5 mile Cycling Route on Strava](#))

Aid Stations:

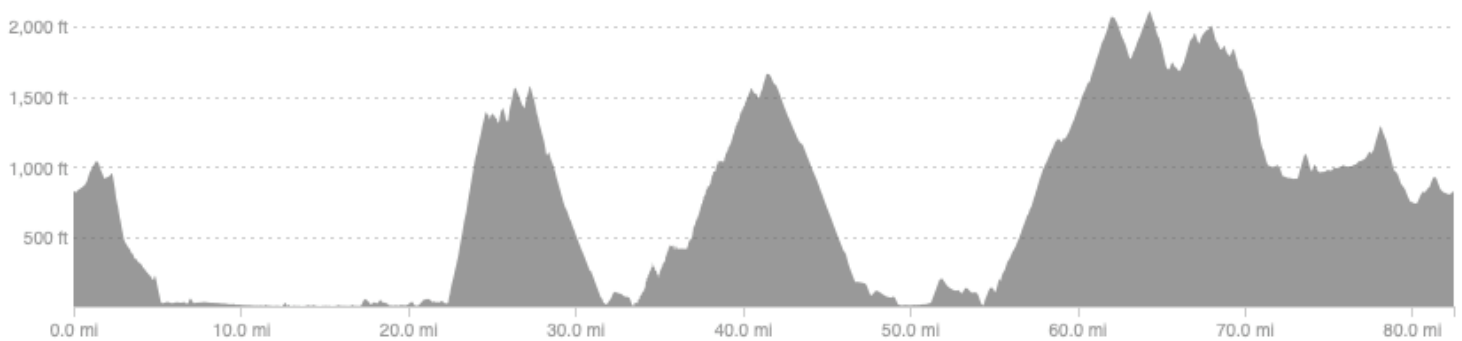
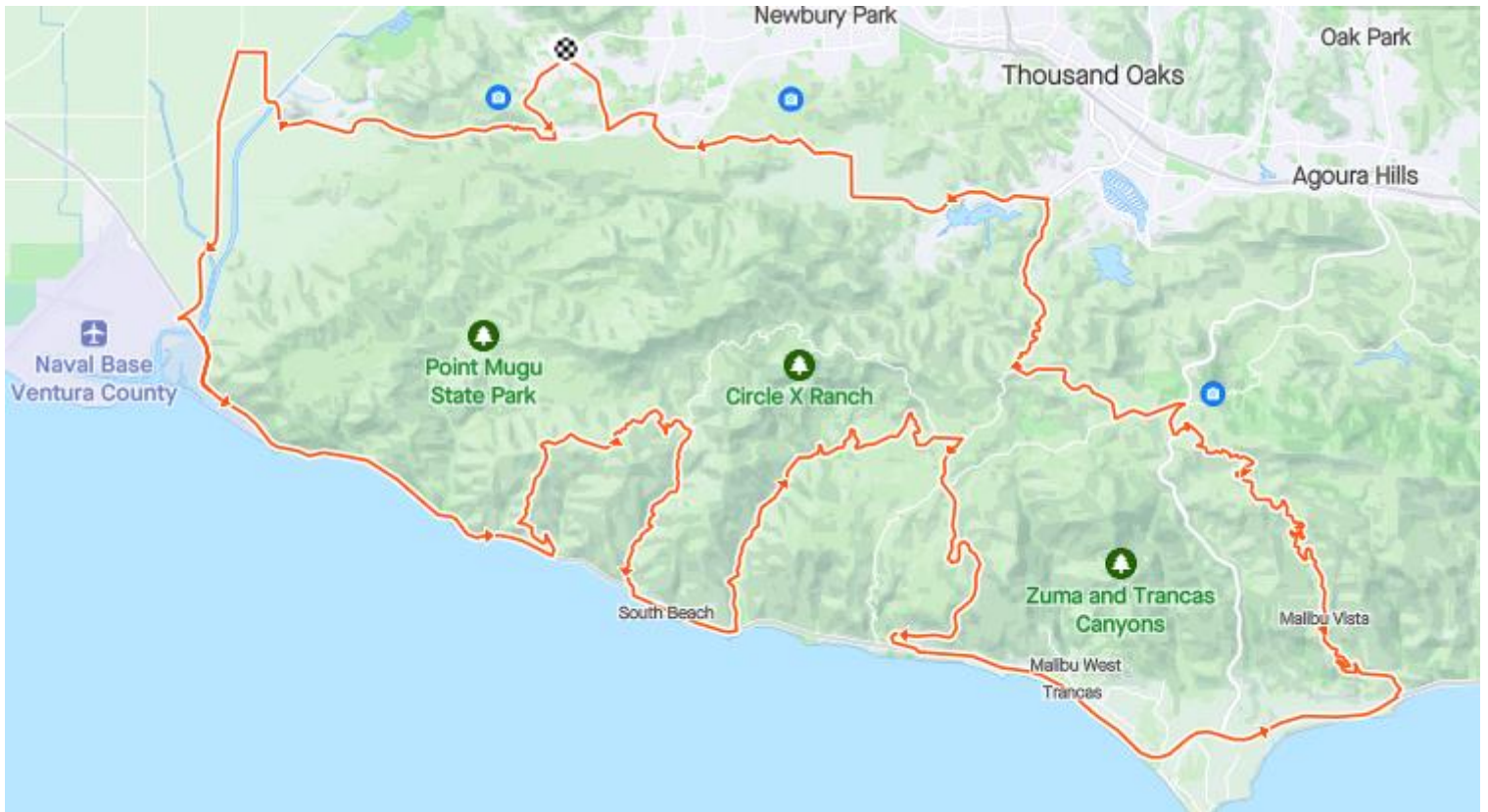
- mile 9 – Moment of Silence
- mile 23 – Top of Deer Creek
- mile 33 – Bottom of Mulholland Highway / PCH
- mile 40 – Top of Mulholland Highway
- mile 50 – LA CO Fire Station 71
- mile 62 – Kanan Rd / Mulholland Highway
- mile 70 – Potrero Road
- mile 73 – Hidden Valley

Aid Provided By:

JoJé Bars	Serious Cycling
Gatorade	Thömus USA
Michael's Bicycles	Helen's Cycling
M2W Method to Winning	Hub Bike Shop
Westlake Trek	Liv/Giant

Starting from the Dos Vientos community Park in Newbury Park, the route heads down the infamous Potrero "Long Grade" descent into the farming community of Camarillo. The peloton takes a short moment of silence near the fatal crash site of Mike before heading south to Pacific Coast Highway (PCH), where you will be treated to some of the most scenic coastline on the West Coast. The pace moves pretty quickly through the beginning of PCH and then it comes to a screeching halt as the ride turns vertical up the much avoided and famous "Deer Creek" road climb. This is where it gets serious as the grade averages 12+% and hits 21% shortly after the first aid station. The route rolls along some of the most expensive and beautiful properties in all of the Santa Monica Mountains. The route heads back down Yerba Buena to PCH, turn left and go about 2 miles to the beginning of Mulholland Highway, turn left and climb for the next 7 miles. After the aid station at the top, turn right on route 23 (Westlake/Decker) for about a mile,

veer left at Lechusa, which turns into Encinal Canyon, stay straight and head down for 5 very fast miles, turn left on PCH and follow this for the next several miles, again riding past some of the most expensive and beautiful properties on all of the West Coast. Turn left on Latigo Canyon and climb steady for the next 10 miles! Turn right on Kanan for about a mile, turn left on Mulholland for about 2 miles, veer to the right at the Y-junction and go another couple of miles, turn right at the stop sign Westlake/Potrero, drop down a very fast and dangerous decent (same route as the Amgen Tour of California stage), turn left at Potrero road and go through Hidden Valley, turn right on Reino Road, turn left on Lynn Road, turn right on Las Brisas and head back to the start at Dos Vientos Community Park.



MIKE NOSCO MEMORIAL SHORTENED ROUTE #2 – LATIGO CANYON

This course was designed to allow cyclists to bypass the first two climbs and go directly to our last climb, Latigo Canyon. This course is rolling along the Pacific Coast Highway, with some of the most amazing scenery. Note the amount of climbing.

60 miles / 6,000' ([62.1 mi Cycling Route on Strava](#))

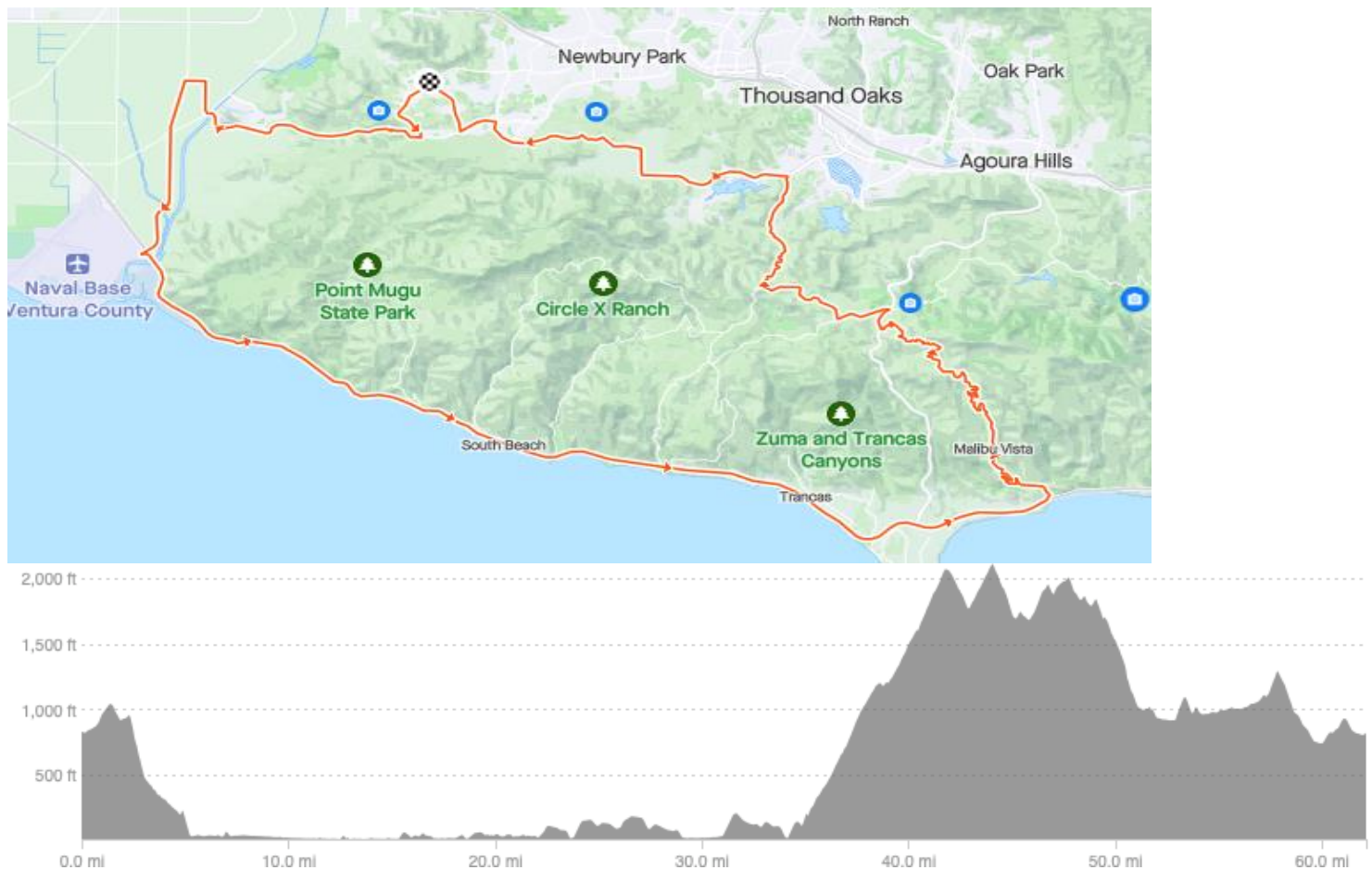
Aid Stations:

- mile 9 – Moment of Silence
- mile 23 – Bottom of Mulholland Highway / PCH
- mile 32 – LA CO Fire Station 71
- mile 45 – Kanan Rd / Mulholland Highway
- mile 52 – Potrero Road
- mile 56 – Hidden Valley

Aid Provided By:

Jojé Bars	Serious Cycling
Gatorade	Thömus USA
Michael's Bicycles	Helen's Cycling
M2W Method to Winning	Hub Bike Shop
Westlake Trek	Liv/Giant

This route gives cyclists a second shortened option, skipping both Deer Creek and Mulholland climbs and going directly south to Latigo Canyon. This route is 60 miles, cutting off 20 miles from the original long course.



MIKE NOSCO MEMORIAL / LIV ROUTE

This route is our shortest, as it eliminates the Deer Creek climb and the longest, Latigo Canyon climb. After the

moment of silence, you will ride south to Pacific Coast Highway and follow that to the bottom of Mulholland Highway, here will be a mobile aid station and the beginning of an incredible 7-mile climb, at which point you will turn left after the aid station and begin your journey back to the park.

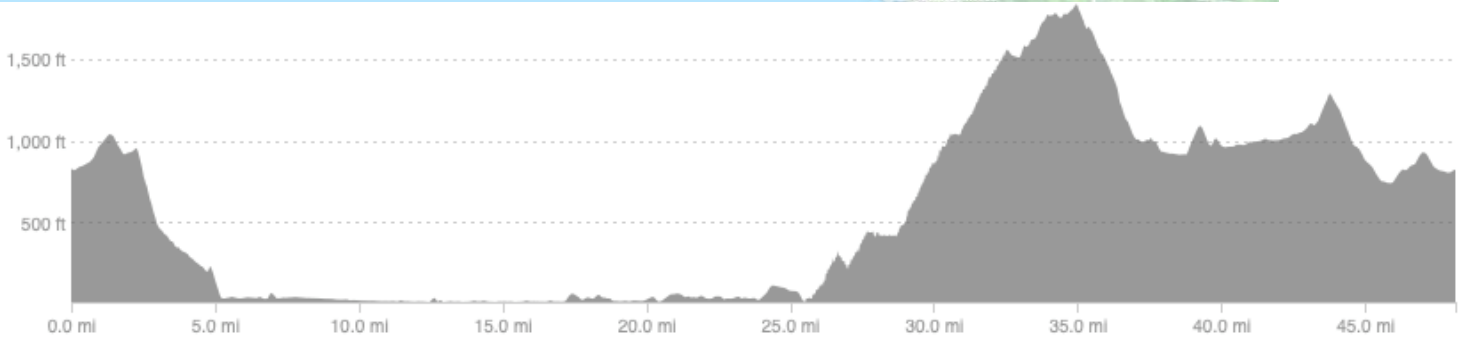
45miles / 4,000' ([48.2 mi Cycling Route on Strava](#))

Aid Stations:

- mile 9 – Moment of Silence
- mile 23 – Bottom of Mulholland Highway / PCH
- mile 32 – Top of Mulholland Highway
- mile 38 – Potrero Road
- mile 42 – Hidden Valley

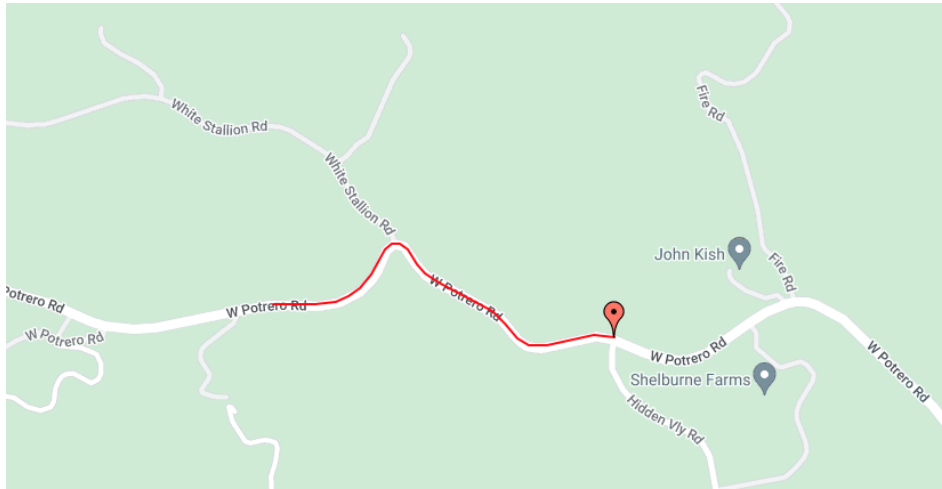
Aid Provided By:	
Jolé Bars	Serious Cycling
Gatorade	Thömus USA
Michael's Bicycles	Helen's Cycling
M2W Method to Winning	Hub Bike Shop
Westlake Trek	Liv/Giant

This route bypasses the Deer Creek climb and heads straight to Mulholland Highway. Once at the top of Mulholland, cyclists can turn left on RTE 23 (Westlake Decker) and ride the course in back to Dos Vientos. This route also eliminates Latigo Canyon climb, making this route a shorter 50-mile ride.



KOM CHALLENGES – NOSCO HAMMER CHALLENGE

The Mike Nosco Memorial Bicycle Ride is not a race! But, for anyone who has that competitive itch on November 3rd, there will, once again, be a Nosco Hammer Challenge! The fastest female and male to ride up **Treasure Hill** (the last little climb out of Hidden Valley) will each receive a \$100 gift certificate for Pedalers Fork.



Requirements to Compete and Win:

- Register for the Nosco Ride (any of the 3 routes) visit www.mikenosco.com or click
- Sign up with Strava visit www.strava.com or click
- Register for the Nosco Hammer Challenge visit www.noscohammer.com/overview or click
- Donate at least \$125
- Be present

[REGISTER NOW!](#)
[Sign Up](#)
[Register](#)





SCHEDULE OF EVENTS

FRIDAY, NOVEMBER 3, 2023

O-Dark '30

Volunteers Arrive and Begin Setup Activities



0700 – 0815
and
0900 - 0930

Cyclist Check-In – Pickup wristbands
Be sure to wear wristbands all day!

OPENING CEREMONY

Gather in front of the podium

Please be silent until 0900

0800

This is guaranteed to be an emotionally charged experience and an opportunity for the entire Peloton with a Purpose to show our community support, so please be present before the ride starts.

0815 – 0823

Bagpipers
Navy Honor Guard Flag Ceremony
National Anthem – Vanise Terry



0823 – 0827

Introduction by Tom Kattus and Welcome by Jack Nosco

0827 – 0837

Reflections by Jack, Recipients by Nicole Moreland (Jack & Mike's niece)

0837 - 0845

Luna Knickman

Amazing Grace – Elisabeth Carpenter – Ed Morris Memorial

0845 – 0850

Route description, Liv route, neutral roll-out details

0850 – 0855

Prayer/blessing by retired VCFD Battalion Chief/Chaplin Bob Ameche

0855 – 0859

Riders Stage
Starting Line Photo – Velo Images (Brian Hodes)
Prepare to Roll



0900

Neutral Roll Out
Ride starts with a neutral 9-mile rollout to the "Moment of Silence" for my brother Mike (near the crash site), after this the ride starts in earnest.

1230 48-mile cyclists start returning

1230 – 1550 Recovery Yoga - Jennifer Elliotts/Lorriane Schleich

1230 - 1700 Light lunch served



1300 - 1630 Silent Auction (please bring your wallet as this auction has some of the most amazing products and is a prime way for us to raise funds)

1810 The time Mike Nosco passed away. He will forever be in our hearts.

Music and more . . . All Day

SAFETY

TRAFFIC LAWS WILL BE ENFORCED

The day of the event can be quite exciting, but it is important to always remember to adhere to the laws of the community you are in as well as common sense.

Please remember that all traffic laws will be enforced by local law enforcement as you ride or drive to the event, during the ride through local communities and the majestic Santa Monica Mountains and then as you return to the park.

REMEMBER, IT'S NOT A RACE!

COVID-19 PROTOCOLS

We do not anticipate having to adhere to any specific COVID-19 protocols, but please be prepared if this changes. Thousand Oaks and the surrounding communities and businesses are doing their part to keep guests, workers and the local community safe. Please do your part to [travel responsibly](#).

AID STATIONS

We will have aid stations to support cyclists along the various routes (shorter routes will only have the aid stations along those portions matching the full 80-mile route) as listed below:

- mile 9 - Moment of Silence
- mile 23 - Top of Deer Creek
- mile 33 - Bottom of Mulholland Highway / PCH
- mile 40 - Top of Mulholland Highway
- mile 50 - LA CO Fire Station 71
- mile 62 - Kanan Rd / Mulholland Highway
- mile 70 - Potrero Road
- mile 73 - Hidden Valley

BikeSafe in Thousand Oaks

For Bicyclists:

- T Ride on the **right side** of the road with the flow of traffic.
- T It is important to **obey the rules**. Stop or yield when required.
- T **See and be seen**. Make eye contact when interacting with drivers or pedestrians.
- T Wear a **helmet** at all times and always ride **single file**.
- T Practice regular **safety checks** and know the basics about fixing your bike.
- T Watch for opening **car doors**. Use caution when riding next to parked cars.
- T You must have a **light** on the front and **reflectors** on the back of your bike if you ride at night or in foul weather.
- T Learn and use **hand signals** all the time.



For Drivers:

- 🚗 **Slow down** and watch for bicycles and pedestrians.
- 🚗 Remember that your **heavy vehicle** outweighs a bike or a person.
- 🚗 **Pass safely** when you have the opportunity.
- 🚗 **Be patient** if you are behind a cyclist, especially if there is a sharrow road marking present; it is usually just a brief delay.
- 🚗 **Make eye contact** when approaching a cyclist or pedestrian.

For more information on bicycle safety or a complete list of rules of the road for drivers and bicyclists, visit our Web site at www.toaks.org/bike

EMERGENCIES

Please note that cellular service along some parts of the route options can be spotty. Please expect to NOT have great cell phone coverage. Look out for each other and if necessary call:



Aid Provided By:

JoJé Bars	Serious Cycling
Gatorade	Thömus USA
Michael's Bicycles	Helen's Cycling
M2W Method to Winning	Hub Bike Shop
Westlake Trek	Liv/Giant

VOLUNTEER INFORMATION

MAKING IT HAPPEN

We are always looking for new people and new ideas to enhance the Mike Nosco Memorial Bicycle Ride and we greatly appreciate volunteers that come back year after year.

It takes a community of people to make this event special, so if you're not riding and would like to volunteer please visit www.MikeNosco.com and sign up for any of the multiple areas that need support. No worries if you aren't sure you have what it takes to help, we have an amazing team of people to help you help us!

All volunteers must be registered.

Available Roles Include:

Administrative
Balloon Pick-Up at Party City
Beverage Pick-Up
Bike Attendant
Bike Mechanic
Champion's Light Breakfast
Clean-Up (4pm – 6pm)
Course

Decorations
DJ / Music – Lead
Flag Ceremony
Food Service
Onsite First Aid
Parking Attendant
Pop-Up Tents (Assist with Setup)
Registration

Security
Silent Auction
Swag Bag Fill
Swag Bag Pick-Up

. . . and much more

Volunteer Meeting:
October 24th
6:00pm to 7:30pm

Swag Bag Fill
November 1st
6:00pm

Swag Bag Pickup
November 2nd & 3rd
2nd - 7:00am to 6:00pm
3rd - 7:00am to 8:15am
and 9:00am to 10:00am

at Hampton Inn and Suites
510 North Ventu Park Road
Thousand Oaks, CA 91320



USEFUL LINKS AND INFO

MICHAEL P. NOSCO MEMORIAL FOUNDATION INC. MISSION STATEMENT

The Michael P. Nosco Foundation, Inc. provides financial relief to families and/or individuals who are confronting a life-threatening illness.

2023 MIKE NOSCO MEMORIAL RIDE – PRIMAL STORE

Different than in years past, if you would like to purchase a **Nosco Ride Kit**, you can now do this directly through Primal Wear. A portion of the kit sales will go to support the Michael P. Nosco Foundation, Inc. Click the image below to visit the store. The store will remain open until November 6th. Orders that were placed by September 4th are shipping and being delivered by October 20th. Orders placed by November 6th will arrive by December 22nd.

For any Team Store questions or ordering assistance, there is a 'Help' category with FAQ information, phone #, and email on the order page.

You can also visit the PRIMAL [Customer Service](#) page for assistance.



PRIMAL

PRIMAL has an entire catalog online of cycling apparel; from socks to arm warmers to the most comfortable cycling shorts on the market, so you can get kitted out with whatever else you may need for the ride on November 3rd.

PRIMAL is offering a special discount code for you to use on their retail website, www.primalwear.com.

25% OFF CODE: 23ATVIA2Q

2023 MIKE NOSCO MEMORIAL RIDE – PEDAL INDUSTRIES STORE

Pedal Industries has created a line of incredibly useful cycling gear for the Nosco Ride. Be sure to check out the store and get your gear now. Click the images or [here](#) to access the store:



RECOVERY YOGA – BRING YOUR YOGA MATS!

This is a tough ride, so returning again this year to help you recover there will be 20-minute recovery yoga sessions run by Lorriane Schleich and Jennifer Elliott. They will arrive around noon and stay until around 4pm. Don't miss out on this great opportunity to relax and recover after an exhilarating ride.



GETTING READY FOR THE RIDE

With just about 2 months until the ride, there is still plenty of time to properly prepare for what promises to be a very challenging but extremely fulfilling day on the bike:



Join us every Tuesday morning, 6:30am PST on the Zwift indoor trainer. Under events, look up the Nosco Foundation Social ride. This is a 60 minute social ride. We cover about 20 miles or 32 kilometers and ride at 1.8-2.2 watts/kilogram.

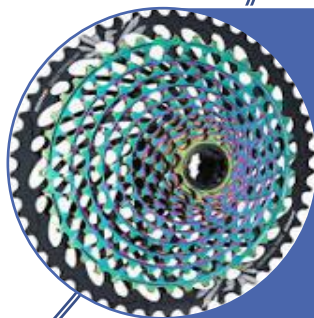


If you are in the Southern California area, you are welcome to get out on any of our advertised routes and get familiar with the climbs.

- 80 mile / 8,000'
- 60 miles / 6,000'
- 45 miles / 4,000'



Consider bringing your bike in to your local shop or any of the ones we've listed for a thorough service well before the big day.



Depending on your cycling experience, age and endurance, it is highly recommended to have the proper gearing setup (recommendation only as everyone is different, but nobody has ever heard anyone complain they had too easy of gears!)

- 50 / 39 Front
- 11 - 30 Rear

MIKE'S STORY

On November 3, 2004, my little brother Mike Nosco was killed in a horrific and devastating traffic accident. Mike was a friend, an uncle, a soldier, a son, and a great brother. He was in the Navy for 20 years and was dedicated to his country. Mike was part of a very special elite unit, HCS-5 (helicopter combat support); the Firehawks were their mark. The colors of this website are the colors of this elite team. In 2004, Mike was scheduled to be deployed to serve his third term in Iraq. He loved serving our country. He reached the rank of Chief Petty Officer. Mike started serving our community at a young age as a Boy Scout reaching the rank of Eagle Scout for Troop 730 in Newbury Park, a tremendous accomplishment.



I was a firefighter at the time and heard about the accident over the radio scanner, I had no idea it was my little brother. The coroner came to my house that night and conveyed the devastating news that my brother had left this heavenly earth. Shortly after his death, I hopped on my bike and rode what today serves as our 80-mile course. Wallowing in misery, especially on November 3rd, every year since his passing, I decided to turn the day around. I wanted to give back like Mike would have. In 2009, I started the first annual Mike Nosco Memorial Bicycle Ride in memory and in celebration of my brother's life. Mike worked at Amgen, a biotech company, for ten years. He often stopped by my house on his way home from work to play with my kids and dogs. On this day, we were not home and we can only speculate that he decided to go directly home. It was dusk as Mike drove down the Camarillo grade opening up to farmland. He was heading northbound on Las Posas Road, just north of Laguna Road at the wide bend in the road, when a farm truck and trailer with no lights pulled out in front of Mike's truck. Too late, Mike slammed on the brakes, came to a screeching halt, and his truck crashed into the back left corner of the trailer. His truck slid under the trailer and Mike was crushed.

I, like Mike, love to educate and be involved with youth. In 2009, I coached a local track team where I met Roy Knickman and his son, Andreas. Roy was a firefighter with the Paso Robles Fire Department, my assistant coach, and Andreas was on the track team. Andreas, like Mike, was also in Boy Scout Troop 730. Andreas was full of energy, strength, and spirit. At the age of thirteen, on July 8, 2009, Andreas was diagnosed with metastatic osteosarcoma (bone cancer). We were all shocked at the news. The Knickman family at times spent 24 hours around the clock caring for Andreas. I witnessed a family come together and sacrifice what they had to keep their child well. It was then that I decided to get 10 friends, have them pay me \$100 and ride the 80-mile course with me, and the money we raised would go toward helping the Knickman family.

Our first two years of the Mike Nosco Memorial Bicycle Ride were dedicated to Andreas Knickman. The first year of the ride, we had an overwhelming response and ultimately had more than 100 cyclists join us for the day, raising much needed funds for the Knickman family. The event continues to be organized by friends, family, and many wonderful volunteers. The Mike Nosco Memorial Bicycle Ride has become an annual event in celebration of Mike's life. This event is extremely important to me, Mike's friends, and to my entire family. Your participation would mean the world to us.

To my brother, Mike Nosco.
– Jack Nosco



www.MikeNosco.com

The Michael P. Nosco Foundation, Inc. is a qualified 501(c)(3) organization. Click [here](#) for our letter of determination.

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